

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934

For the month of November 2024

RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office
Dublin Airport
County Dublin Ireland
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F

Indicate by check mark whether the registrant by furnishing the information
contained in this Form is also thereby furnishing the information to the
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange
Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant
in connection with Rule 12g3-2(b): 82- _____

RYANAIR OCT TRAFFIC GROWS 7%
TO 18.3M GUESTS

Ryanair Holdings plc today (Mon, 4 Nov) released Oct 2024 traffic stats as follows:

	Oct 23	Oct 24	Change
Guests	17.1m	18.3m	+7%
L. Fact	93%	93%	-

Ryanair operated over 103,200 flights in Oct 2024.

Rolling	Oct 23	Oct 24	Change
Guests	180.3m	194.8m	+8%
L. Fact	94%	94%	-

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 04 November, 2024

By: ____/s/ Juliusz Komorek____

Juliusz Komorek
Company Secretary